

# 1 First Grade

## Language Arts

### Phonics and Reading

Review of vowels, consonants, blends, one- and two-vowel words, consonant blends  
 Recognition and use of all phonics special sounds in reading  
 Spelling rules: doubling consonants, dropping silent *e*, changing *y* to *i*  
 Oral reading

### Cursive Writing

Review of letter formation  
 Daily seatwork practice in all academic areas

### Spelling and Poetry

Weekly phonics-based word list  
 Weekly test with phonics  
 Reinforcement activities  
 Eight poems committed to memory

## Language

Capitalization of first word in a sentence, proper names, days of the week, and months of the year  
 Correct punctuation at the ends of sentences  
 Recognition of complete sentences  
 Words using suffixes, prefixes, syllables, compound words, rhyming words, opposite words, same meaning words, and contractions  
 Alphabetizing of words  
 Writing complete sentences and short stories  
 Creative writing

## History and Geography

### *This Is My America*

My America's Flag  
 My America's Freedoms  
 Symbols of My America  
 Great People of America

### My America Grows

My America Talks  
 My America Travels  
 My America Is Beautiful  
 My America Sings

### *This Is My World*

Mexico, Peru, Virgin Islands, Puerto Rico, Bahamas, England, the Netherlands, Norway, France, Germany, Switzerland, Italy, Israel, Egypt, Kenya, India, China, Australia, Guam, American Samoa

## Science

### *Health and Human Biology*

Discovering Myself

### *Energy*

Discovering My Toys

### *Animals*

Discovering Animals  
 Discovering Insects

### *Plants*

Discovering Plants

### *Seasons*

Discovering Seasons

## Health, Safety, Manners

### *Health*

Eating good foods  
 Exercising  
 Rest  
 Posture  
 Care of body, clothes, home

### *Safety*

At home and away from home  
 On streets, playgrounds, water

### *Manners*

At home, school, church, public

## Arithmetic

Number recognition, counting, and writing  
 1–1,000

Greatest and least

Counting and writing by tens, fives, twos, and threes

Number sequences

Ordinal numbers

Addition facts through 13 and three-digit addition with carrying

Subtraction facts through 13 and two-digit subtraction

Story problems

Numbers before and after by ones, twos, tens

Between numbers

Counting and combining coins

Telling time to the nearest five minutes

Recognizing odd and even numbers

English and some metric measures

Place value in ones, tens, and hundreds

Unit fractions

Reading a thermometer

Using a ruler

Multiple combinations

Concept of multiplication

Calendars

Reading pictographs and bar graphs

Developing listening skills

Roman numerals

## Bible

Lessons such as Salvation Series, Genesis, Life of Christ, Paul  
 (includes memory verses, hymns/choruses, and Bible doctrine)

## Fine Arts

Music  
 Arts and Crafts